



RECOVERY ROUND-UP

PMHCA PROGRAM NEWS

Dr. Kathy Quick, Kevin Puskaric, and Ethan Frost joined other peers for the Region Three SAMHSA Recovery Stakeholders Meeting. They engaged in conversations with other peers and individuals from SAMHSA regarding diverse, inclusive, and equitable treatment. In addition, conversations regarding authentic peer support and how to provide it systematically across the state.

In other news, we have graduated four new Certified Peer Support Specialists. Congratulations, Kevin, Tristan, Kathy, and Ethan on your accomplishment!

In honor of Overdose Awareness, our staff will be traveling throughout the state to events promoting recovery. Stay tuned to our next issue for pictures from these events.

TRAINING SPOTLIGHT

On September 12th, 2023 from 10 am to 3 pm at the PMHCA Office in Harrisburg, I Didn't Die, But.. and QPR will be offered to the public. I Didn't Die, But.. is a raw, emotional conversational video from the perspective of the suicide attempt survivor. This video shares what works, what doesn't, and what can help those in need. Following the video, we will facilitate a community conversation around suicide prevention that goes beyond counting statistics and encompasses community connections and healing.

QPR is a suicide prevention curriculum to provide tools for attendees to help prevent suicide.

[Register here for this event!](#)



YOUTH MOVE PA NEWS

Youth MOVE PA is excited to announce a new evidence-based nationwide middle to high school program called Sources of Strength. It is a strength -focused, upstream approach to mental health promotion and suicide prevention inviting wellness and resilience. The program is intended to create an atmosphere of inclusion in the school through the use of student peers. With this program, Youth MOVE PA has hired five new employees. We want to welcome Ed (Project Coordinator), Dan (Training Specialist), Mandie (Training Specialist), Morgan (Training Specialist), and Tyanna (Administrative Support Coordinator) to the team. Our training staff just completed the Training of Trainers in Maine to become certified in this course.

Youth MOVE PA will be offering one free training per month from September to December 2023. These trainings will focus on youth topics such as stigma, social media, and transitioning into the adult system. You can register for these trainings [here](#).

Youth MOVE PA continues to stay busy promoting recovery throughout the state at conferences and events for youth.

Merry Jeepy Christmas



Shine those Jeeps up and deck them out in the best Christmas theme with us on December 9th from 2 PM to 6 PM at North End Fire Company in Pine Grove. There will be a parade this year for everyone to show off their Jeeps. We will also have food, vendors, a silent auction, and a bonfire. [Register your Jeep now.](#)

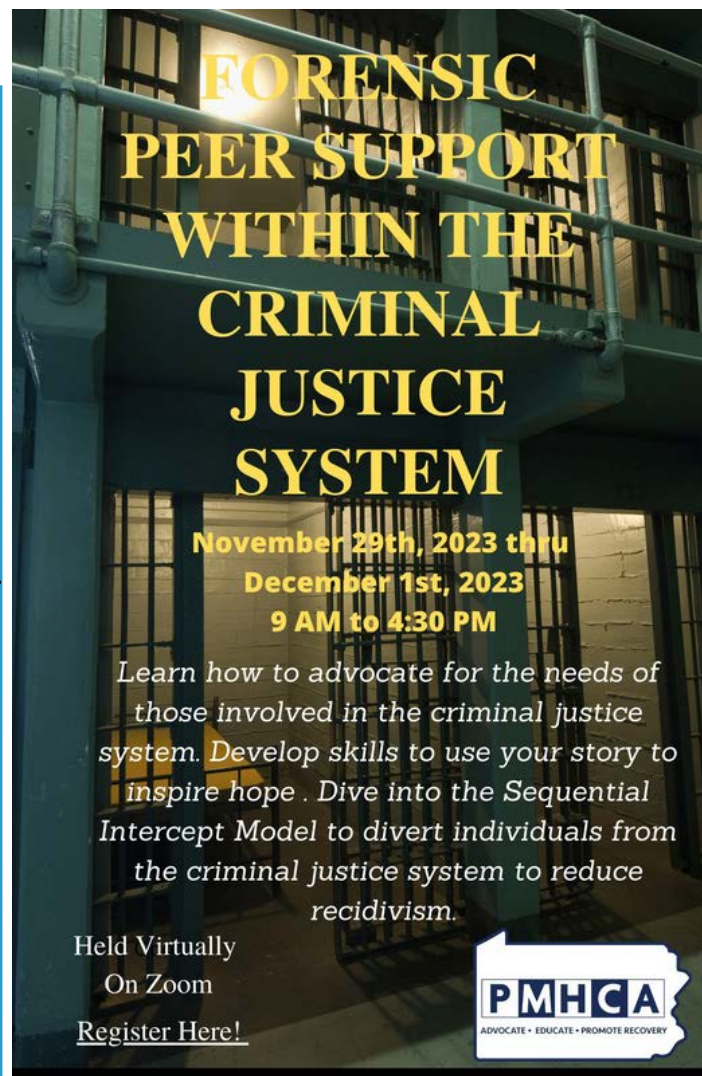


Training Department Details

The Training Department is excited to announce twenty-three graduates of the Youth and Young Adult Peer class in August. This class is a training that enhances the Certified Peer Specialist credential to work with youth and young adults between 16 and 29 years of age. Congratulations to everyone in attendance.

The new Forensic Peer Specialist class will be held virtually on November 29th, thru December 1st, 2023. This enhancement training is for Certified Peers and Recovery Specialists that have personal lived experience in the criminal justice system. This evidence-based training teaches the Sequential Intercept Model as a method of diversion for communities. This class prepares peers to provide support in any intercept of the model.

Stay tuned to the [PMHCA website](#) for new and upcoming trainings. If your agency is interested in a training, please reach out to ethan@pmhca.org.




**FORENSIC
PEER SUPPORT
WITHIN THE
CRIMINAL
JUSTICE
SYSTEM**

**November 29th, 2023 thru
December 1st, 2023
9 AM to 4:30 PM**

Learn how to advocate for the needs of those involved in the criminal justice system. Develop skills to use your story to inspire hope. Dive into the Sequential Intercept Model to divert individuals from the criminal justice system to reduce recidivism.

Held Virtually
On Zoom
[Register Here!](#)



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Keys to Recovery Conference

The Keys to Recovery Conference is sold out at this time. We look forward to seeing everyone in October at the Dubois Country Club for this conference.

In this newsletter, you will find a list of workshops that will be offered. You can register for any workshops when you arrive at the conference. Early registration will begin on October 2nd from 6 pm to 7:30 pm. Following registration, there will be a pool party from 7pm to 9pm to kick off the conference.





PMHCA KEYS TO RECOVERY CONFERENCE PRESENTS THE FOLLOWING WORKSHOP SPOTLIGHTS:

- "Law of Attraction" and Personal Responsibility
- Pat Deegan's Academy + Library
- Personal Responsibility in Recovery: Fear Busters
- Building A Resilient Future After Adversity
- The Power of One - Strategic Self-Disclosure
- Challenge, Choice, Change: Tobacco Recovery is Recovery
- The 988 Suicide & Crisis Lifeline in PA: There is Hope in Recovery
- Collage Your Wellness
- What do Holistic Services look like for a Drop-In Center?
- Using YOUR Voice for Change: Advocacy
- Self-advocacy in Action
- Building Bridges: The Intersectionality between Cultural Humility & Suicide Prevention
- Building Bridges for Mental Health
- Empowerment! Self Care Strategies
- Becoming Grounded in Recovery through Art
- Harnessing the Power of Hope
- Letters to Legislators



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Behavioral Health Crisis Planning Symposium

Implementing SAMHSA's Vision for 988 & Beyond

September 14 - 8:30am
to 4:30pm

Sheraton Harrisburg-Hershey
4650 Lindle Road Harrisburg

Featured Speakers

- **Dr. Margie Balfour**, Chief of Quality & Clinical Innovation at Connections Health Solutions
- **Jason Winsky**, Sergeant of the Mental Health Support Team at the Tucson, Arizona, Police Department
- **Steve Miccio**, CEO of People USA
- **Paul Gladys**, Deputy CEO RI International

Agenda

8:00- 9:00: Registration/ Networking

9:00- 9:15 Welcome: Deputy Jen Smith, Office of Mental Health and Substance Abuse Services

9:15- 9:30 Overview of the Day: Dr. Jenna Mehnert Baker, Bureau Director, OMHSAS

9:30- 10:40 Innovation in Crisis Response: Steve Miccio, People USA

10:40-10:50 Break

10:50-12:10 Realizing the Vision of a Crisis Continuum and Jail Diversion: Dr. Margie Balfour and Sgt. Jason Winsky, Tucson PD

12:10-1:00 Lunch

1:00- 2:30 Building a Sustainable Crisis Service System- Paul Galdys, Deputy CEO, RI International

2:30-4:00 Crisis Big Boat Partners

2:30-3:00: Peer Working in Crisis- PA Peer Support Coalition

3:00-3:30: Role of Family Support in Crisis – NAMI Keystone and Affiliates

3:30- 4:00: Law Enforcement & Crisis Response Models

4:00- 4:30: Open Group Discussion

[REGISTER HERE FOR THIS CONFERENCE](#)



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Upcoming Community Events



Available in Beaver, Fayette, Washington, and Westmoreland Counties!
New Evening Sessions Starting Mid to Late September!

DADS MATTER is designed to empower fathers and father-figures to shape their children's lives, enhance their relationships, and improve their financial well-being.

Who's Eligible?

YOU are! If you are a father or in a fathering role, YOU are able to participate.

Father Engagement Sessions include:

- Balancing Work and Family Life
- Co-parenting & Getting Involved with Your Children
- Managing Health and Wellness
- Financial Education



What's in it for You?

- Job Skills Training
- Employment Certifications
- Resume Development & Job Search Assistance
- And More!

Apply
online here!
→



Follow us on Facebook: [PICs-DADS-MATTER-Southwestern-PA](#)

For more information, please call below:

DADS MATTER
219 Donohoe Rd.
Greensburg, PA 15601
724-836-2600

DADS MATTER
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Lemont Furnace, PA 15456
724-437-2590

DADS MATTER
205 Beaver Valley Mall
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724-728-2110

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UNITY IN THE COMMUNITY RACIAL JUSTICE & RECOVERY EVENT

JEANNETTE AMPITHEATER
501 CLAY AVE
JEANNETTE, PA 15644

SEPTEMBER 30, 2023

12PM-6PM

**IF YOU OR YOUR ORGANIZATION
WOULD LIKE TO SPEAK ON YOUR
SERVICE/ OR HAVE A RESOURCE
TABLE PLEASE CONTACT RONEL
BACCUS AT RONELB724@GMAIL.COM**

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NAMI PA EVENTS:

- **What types of mental health care are available in Southeastern Pennsylvania?** – an online forum on Sunday, October 1, 2-4 p.m. Register at <https://tinyurl.com/MHsvcsSEPA2023>.

Guilt & Toxic Guilt: Understanding and Moving Beyond These Powerful Emotions – an online workshop on Sunday, November 5, 2-4 p.m. Register at <https://tinyurl.com/GuiltWorkshop>

Juvenile Justice External Stakeholder Survey
PCCD would like community input regarding priorities that should be considered for the Juvenile Justice and Delinquency Prevention Plan.

[Take Survey](#)

*Hey PA Recovery Organizations and Peers
Got an event happening?
Let us know and we will add it to our newsletter!*

CONTACT US

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<https://youthmovepa.wildapricot.org>



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