



RECOVERY ROUND-UP

PMHCA PROGRAM NEWS

PMHCA is proud to announce that Dr. Kathy, Kevin, and Ethan have been approved to become trainers for the PCB Certified Recovery Specialist credential. Stay tuned to our website for upcoming trainings to become a Certified Recovery Specialist.

Several members of PMHCA and YMPA attended the National Federation of Families Conference in Chicago. Dr. Kathy and Tristan presented Family Trauma Talk, a generational look at trauma and how it effects the family. If you are interested in bringing this training to your agency or community, contact our training department at ethan@pmhca.org.

Planning for next years conference has commenced. It is planned to have this in the southwest region of the state this year. Stay tuned to the website for updates and joining us for this amazing event.

TRAINING SPOTLIGHT

Youth and Young Adult Peer Training will take place on January 8th thru January 10th from 9 am to 4 pm virtually on zoom. This class will develop skills needed to work with youth and young adults in the community. It will discuss ethics and boundaries of working with this specialized population. Further exploration into connecting and relating our stories to youth is also covered in this training. Additionally, information regarding crisis management and how to respond to crisis situations is discussed.

If you are interested in joining us for the training, register at <https://pmhca.wildapricot.org/event-5255464>. Cost is \$300 for non-members and \$270 for members for the three-days of class. All material will be emailed to participants prior to class.



Merry Jeepy Christmas



Merry Jeepy Christmas will be held at North End Fire Department in Pine Grove on December 9th from 2 pm to 6 pm. We are looking for Jeeps that are decked out in their Christmas best for showing and the parade. Vendors and sponsors are still being accepted for this event, as well. Come join us for an afternoon of food from The Spot Hometown Deli, silent auctions, bonfires, and music. If you have questions or want to sponsor/vendor the event, please reach out to Tristan at tristan@pmhca.org.

PMHCA is offering a new virtual drop-in on Wednesday night at 7 pm. Beacon of HOPE is an emotional well-being general drop-in for any individual within the state. For more information and zoom link, please visit our website.

Lastly, Kevin and Kathy are attending the Leadership Fellows Academy. This training takes place over the next eight months through in-person trainings and webinars.

YOUTH MOVE PA NEWS

Sources of Strength is excited to announce that they have trained their first school. Somerset County Technology Center engaged with facilitators to become youth peer leaders and adult advisors for the program. Sources of Strength team is anxious to train future schools throughout the state during this next school year. If you are interested in bringing Sources of Strength to your area, contact Ed Cunningham at ed@pmhca.org.

YMPA Advisory Council has been extended until December 31st. Youth and young adults interested in serving on this council are asked to contact Tyanna Marge at tyanna@pmhca.org.



ADVOCATE - EDUCATE - PROMOTE RECOVERY



Training Department Details

Co-Responder Program Forensic Peer Support class was just completed in Lancaster. The new training for Forensic Peer Support curriculum was implemented for this class. Twelve individuals graduated from this intensive training. The next Co-Responder training will be Crisis Peer Support hosted by PaPSC in December followed by Trauma Sensitive Peer in January. Applications for Trauma Sensitive Peer are currently being accepted. If you are interested in attending the class, contact Ethan at ethan@pmhca.org.

A grant has been acquired to provide several free forensic peer support classes throughout the state and virtually next year. Stay tuned for these trainings to be posted on our website.

Rainbow Peer Program is currently being structured and a new training will be available next year for peer professionals that focuses on LGBTQIA+ community struggles. Ethan is also working on a LGBTQIA+ inclusion training that will be available soon. Keep an eye out for both trainings on our website.

Statewide CSP Meeting 



December 05, 2023 - 9am to 12pm

Two Attendance Options: Zoom or In Person

Pennsylvania Training & Technical Assistance Network (PaTTAN)
6340 Flank Dr.
Harrisburg, PA. 17112

Register Here.

Please join us for our Statewide CSP meeting! This meeting is designed to connect CSP throughout Pennsylvania. PMHCA and the four Regional CSPs are working together to initiate and facilitate this meeting as a way to recreate communication pathways and reconnect after the difficult years during the COVID pandemic.

We need to know how many individuals intend to log in so we can ensure enough spaces are available. Please register each person separately if they will be logging into Zoom individually. If you are attending virtually with a group at one location with one login, please only register once.

Pennsylvania Mental Health Consumers' Association - Community Support Program (wildapricot.org) **PMHCA@PMHCA.ORG**

Holiday Festival
Mt. Pleasant

LOCATION: ROOSEVELT HALL
 2325 MT. PLEASANT RD. MT. PLEASANT PA 15666

This Event is FREE, but Registration is required

QR Code to Register 

Dec 16 2023 Festive Crafts, Activities, & Characters
11:00AM-1:00PM

Brunch with Santa

Link to Register
<https://www.eventbrite.com/e/holiday-festival-mt-pleasantroosevelt-hall-tickets-739711305427?aff=oddtcreator>

Come Learn about all of the resources in Westmoreland County
 Sponsored By the Westmoreland County DHS Office

